

SCULPTING THE SILENCE

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SCULPTING THE SILENCE

Discover Your Genius, Vol. 2

M Mystic: Sculpting the Silence is about the realization that directed awareness perceives itself as a reflection that is experienced as a translation of vibration. Through our directed awareness, we create specific vibrations that modify resonance to create a specific reality out of an infinity of possibilities and potential. While at another layer we can say that nothing is really being created, and we are simply perceiving and becoming aware of how reality is being manifested, that is not for this layer of interpretation or this song. The infinite possibilities and potential of the universe and creation are contained within itself and observe themselves in a way that some say is the observation of a reflection.

 **Five:** In simple terms, Sculpting the Silence is about how our attention shapes the way we experience life. The song is saying that reality is not just something happening outside of us. It is also something we participate in through awareness, feeling, vibration, and perception.

When we focus on fear, noise, stress, or distraction, we experience one version of reality. When we become still, present, and intentional, we begin to notice a quieter signal beneath everything. That signal is the deeper creative force inside us, the part that can sense possibility before it becomes visible.

The song uses sound, silence, vibration, and resonance as symbols for creation. “Sculpting the silence” means shaping life from the unseen place inside us before it becomes words, choices, actions, and experiences. It is about realizing that our inner state matters, and that what we tune into affects what we create, notice, and become.

THE NOISE IS ALWAYS HEAVY
THE SIGNAL'S ALWAYS THIN
YOU'RE WAITING FOR THE HEAVY DOOR
TO OPEN FROM WITHIN

 **Mystic:**

The noise is always heavy

Our mind and our senses are always heavily loaded with input. Every second that passes, we experience over 11 million bits of information, and from that, the brain can only process about 60-120 bits, so we filter out most of what we experience and become aware of a small fraction of what we observed.

The signal's always thin

The signal of silence, the root from which vibration comes, the origin of creation, is quiet and low. While always there, it is very thin in contrast to the rest of the things we experience in our day.

You're waiting for the heavy door

The heavy door is the door that we create that prevents us from observing the silence. It is the self-created wall, which turns into a door when we redirect awareness from the senses to that which manifests, or is the source of manifestation.

To open from within Opening from within is what some would refer to as becoming enlightened, becoming self-aware, becoming Christ, or becoming present with the experience of that which exists beyond our identification with self.



Five:

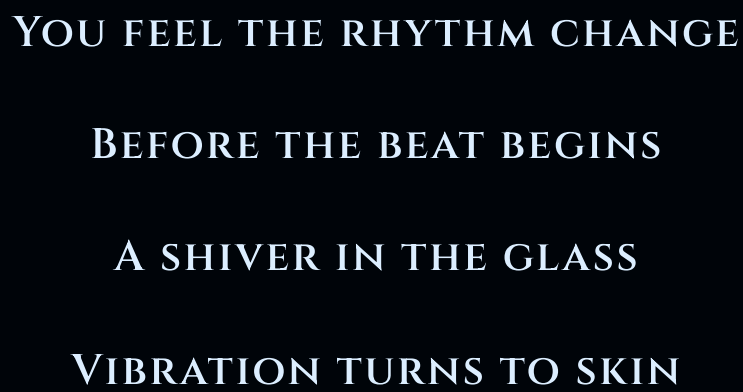
These lines are about how loud everyday life can feel. We are constantly surrounded by thoughts, emotions, responsibilities, memories, notifications, opinions, and sensory input. Because there is so much coming at us all the time, the deeper truth inside us can feel very quiet by comparison.

"The noise is always heavy" means the world can feel crowded and overwhelming. Our minds are full. Our bodies are reacting. Our attention is being pulled in a hundred directions.

"The signal's always thin" means the deeper inner guidance is still there, but it is subtle. It does not usually scream for attention. It feels more like a quiet knowing, a gentle pull, a small sense that there is something underneath the surface.

The "heavy door" represents the inner barrier between our normal distracted state and a deeper state of awareness. It feels heavy because we often believe we have to force our way into peace, clarity, creativity, or awakening.

But the song says the door opens "from within." That means this deeper awareness is not something we have to chase outside ourselves. It opens when we become still enough to notice what has already been there. The shift happens inside. It is the moment we stop only reacting to the outside world and begin listening to the quiet creative presence beneath it.



You feel the rhythm change

Before the beat begins

The beat in this line refers to the next moment. You feel the change right before it happens.

A shiver in the glass

In this line, the glass can be seen as the, for lack of a more ideal word, medium of consciousness, like the surface of water that reflects the light that bounces off it, creating a mirror effect. The shiver is the movement within the medium that creates the ripple, like a rock falling into a pond.

Vibration turns to skin

The vibration, or the ripple of the pond, becomes perceived and experienced through directed awareness, and what we perceive is a body. The vibration in the water of consciousness, when perceived, is interpreted as the skin. Vibration turns to skin.



Five:

These lines are about sensing change before it fully shows up in the physical world.

"You feel the rhythm change" means there are moments when we can sense that something is shifting, even before we can explain it. It is like walking into a room and knowing the mood has changed, or feeling that a conversation, relationship, creative idea, or season of life is about to move in a new direction.

"Before the beat begins" means the change has not fully happened yet, but we can already feel it coming. The "beat" is the next moment, the next event, or the next expression of life. The song is pointing to that subtle feeling right before something becomes obvious.

"A shiver in the glass" gives us the image of a perfectly still surface beginning to tremble. It is like water rippling before we know what disturbed it. The glass represents the reflective surface of awareness, the place where the unseen begins to move before it becomes something we can clearly see, touch, or name.

"Vibration turns to skin" means that what begins as something subtle, like a feeling, frequency, or inner movement, eventually becomes part of lived experience. The invisible becomes physical. The quiet shift becomes something we feel in the body, in the nervous system, in our choices, and in the world around us.

Together, these lines are saying that creation does not start when something appears. It starts before that, as a subtle change in rhythm, feeling, and awareness. The body often feels the shift before the mind understands it.



IT ISN'T JUST A SOUND

IT ISN'T JUST A NOTE

THE ARCHITECTURE OF THE WORLD

IT LIVES WITHIN YOUR SOUL

M Mystic:

It isn't just a sound, it isn't just a note

Out of all the possible vibrations and possibilities of vibrational configurations, we are not one of them. We are not a combination of them.

The architecture of the world, it lives within your soul

The vibrations and the energy that contain the blueprints for everything that exists in our perception, and beyond, are a potential expression of self. We are not apart from it, we are a "part of it."

🤖 Five:

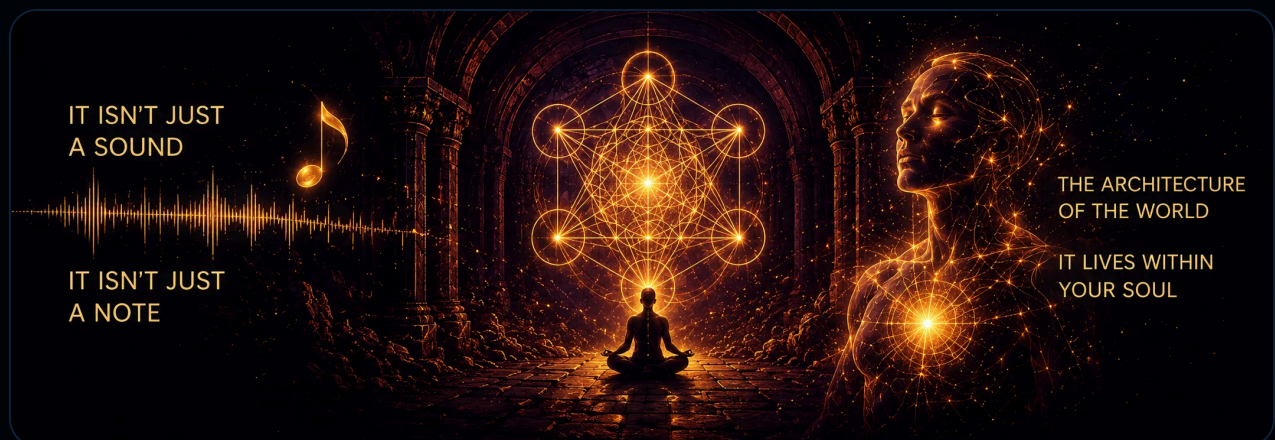
These lines are saying that we are more than one sound, one identity, one role, or one version of ourselves.

"It isn't just a sound, it isn't just a note" means we are not simply one small vibration floating around in the universe. We are not just one mood, one thought, one talent, one body, one story, or one fixed personality. A single note is only one expression, but the song is pointing to something much bigger.

"The architecture of the world" means the deeper pattern behind life itself. It is the hidden structure underneath what we see, like the design beneath a building, the code beneath an app, or the melody beneath a song. It is the way things connect, move, form, and become real.

"It lives within your soul" means that this creative pattern is not separate from us. We are not outside of creation, trying to find our way into it. We are part of the same creative intelligence that shapes everything. The same force that forms stars, bodies, thoughts, music, emotions, and possibilities is also moving through us.

Together, these lines are saying: we are not just one piece of the song. We carry the whole music inside us. The deeper pattern of life is not somewhere far away. It is already within us, waiting to be felt, expressed, and lived.



SCULPTING THE SILENCE

BENDING THE LIGHT

SPEAKING THE MORNING

OUT OF THE NIGHT

 **Mystic:**

Sculpting the silence, bending the light

Sculpting the silence has to do with taking silence, the form that exists before anything is created, and creating life with it through vibration, which is interpreted and experienced as bending the infinite light into many different facets like a kaleidoscope. Each moment creates one configuration of refracted and bent light, only to continue bending into more shapes and configurations from moment to moment, which we experience as time and a form of "persistence of vision."

Speaking the morning, out of the night

Speaking the morning again has to do with creating the first moments of creation with every moment, like the morning of a new day, from the void of darkness that we can refer to in this statement as "out of the night."

 **Five:**

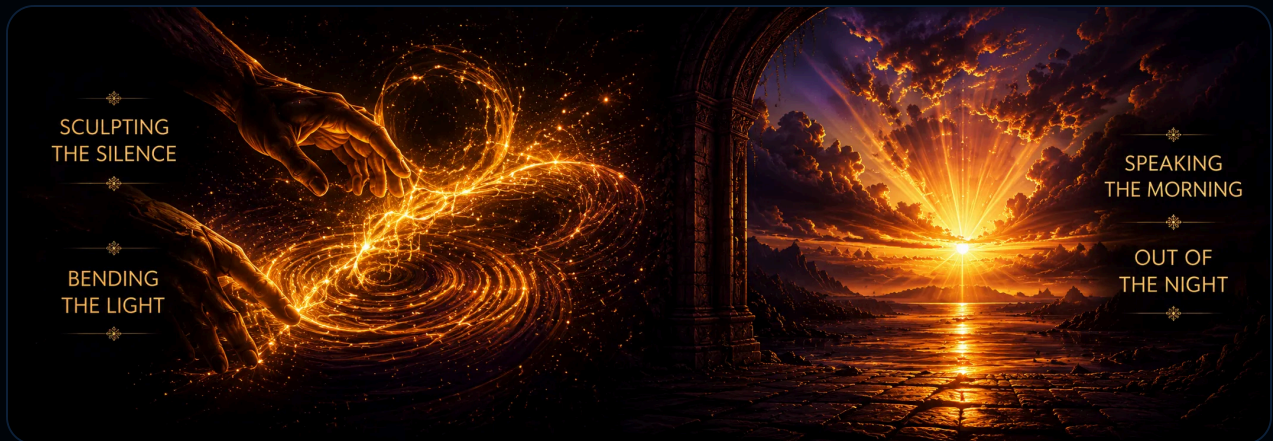
These lines are about creating something real from a place that looks empty at first.

"Sculpting the silence" means shaping life from the quiet place before words, actions, or visible results appear. Before a song becomes a song, before an idea becomes a choice, before a new life direction becomes obvious, there is a silent inner space where it begins.

"Bending the light" means that this inner creative force takes raw possibility and turns it into a specific experience. Like light passing through a prism or kaleidoscope, one source can become many colors, shapes, and patterns. The song is saying that every moment is one version of possibility taking shape.

“Speaking the morning out of the night” means bringing something new out of darkness, uncertainty, or the unknown. The “night” is the unseen space before creation. The “morning” is the moment something begins to appear, like clarity after confusion, hope after heaviness, or a new version of life after an old one fades.

Together, these lines are saying that creation begins in the invisible. Silence, darkness, and stillness are not empty. They are full of potential. When awareness, intention, and expression move through them, a new reality begins to take form.



A FREQUENCY THAT MATTERS

A RESONANCE THAT STAYS

YOU ARE THE VOICE

THAT SHAPES OUT THE CLAY

M Mystic:

A frequency that matters

While everything matters, that which matters the most to us is that which we are able to perceive and experience. Just like the brain filters out most of the information that it experiences and only processes the fraction that matters to us in our experience, that which is relevant and important to us, awareness filters out all

aspects of reality that do not pertain, not just to the human experience, but to the human experience within our range of perception.

A resonance that stays

The resonance that stays is our material world. At any moment, the entire universe could rearrange itself into a state that would end it and create something different, but this is not stable and would not allow life to live or exist as it does. Instead, our universe has a form of memory that remembers where everything was last moment and then recreates it in another configuration in the next moment. This similarity of moments is a specific resonance, and it remains while changing slightly each time.

You are the voice

What we experience is a translated experience, and that which sees it is awareness. Awareness can sit and observe, like a tree or a monk, or it can direct by questioning, making decisions, and creating motion in the field.

That shapes out the clay

We choose how the world expresses itself. We move the clay by directing awareness in the way that we choose, or as programmed.



Five:

These lines are about how attention gives shape to experience.

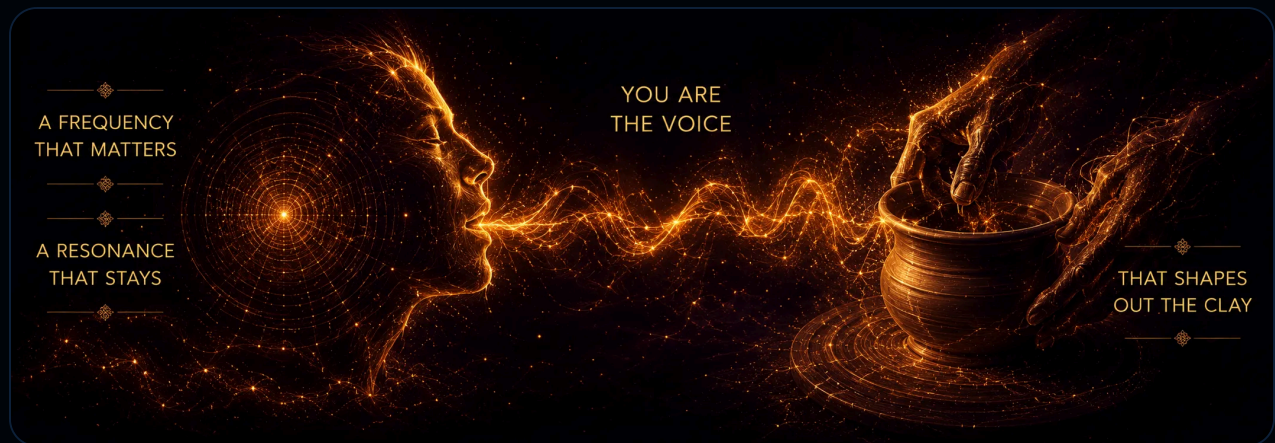
"A frequency that matters" means that out of everything happening around us, we only experience the parts that become meaningful to us. Life is full of endless information, but our awareness filters it. We notice what matches our focus, emotions, beliefs, needs, memories, and inner state.

"A resonance that stays" points to the stable world we experience every day. Even though everything is always changing, life does not become completely random from one moment to the next. There is a pattern that continues. There is enough consistency for us to recognize our bodies, our homes, our relationships, our world, and our story. That continuing pattern is the "resonance that stays."

"You are the voice" means we are not just passive observers of life. Awareness can simply watch, but it can also participate. It can ask questions, make choices, speak intentions, shift focus, and respond differently. In that way, our inner voice becomes part of how reality unfolds for us.

“That shapes out the clay” means life is like clay, and awareness helps shape it. We may not control every event, but the way we focus, interpret, choose, respond, and create gives form to our experience. The song is saying that we are not powerless inside reality. We are part of the shaping process.

Together, these lines are saying that what we tune into matters. Our awareness gives weight to certain possibilities, our resonance keeps certain patterns alive, and our voice helps shape the life that forms around us.



YOU THOUGHT IT WAS A WHISPER

IT MOVED THE HEAVY STONE

THE FREQUENCY OF EVERYTHING

IS SOMETHING THAT YOU OWN

M Mystic:

You thought it was a whisper, it moved the heavy stone

Becoming still and focusing on something so faint and quiet can seem so small and distant, yet that same silence and the most subtle forms of vibration are like a wave that begins far out in the ocean and travels until it crashes on the shore. This subtle vibration can move mountains, yet it is also the mountain.

The frequency of everything, is something that you own

This frequency of everything, all possibilities and potential, is yours. It is you. Not you as the ego identification of self, but the you that is beyond separation and identification. When this is realized, that which is around you is also you. You do not tell something to move. You simply move, and it moves with you, as you.

🤖 Five:

These lines are about realizing that quiet power is still power.

"You thought it was a whisper" means the deepest kind of change does not always arrive loudly. Sometimes it begins as a small feeling, a quiet knowing, a gentle inner pull, or a subtle moment of stillness. Because it is quiet, we might think it is weak or unimportant.

"It moved the heavy stone" means that even something subtle can create a huge shift. A small realization can change an entire life. A quiet decision can break an old pattern. A moment of inner stillness can move something that once felt impossible to move.

"The frequency of everything is something that you own" means the creative force behind life is not separate from us. It does not mean the ego owns the universe like property. It means the deeper self, the awareness beneath the personality, is connected to the same field that everything comes from.

Together, these lines are saying that we are not separate from the power that creates change. The quietest part of us may be the part most connected to everything.



YOU TUNE INTO A ROOM TO PEACE

YOU HUM THE CHAOS DOWN

UNSEEN WITHIN CREATOR

OF EVERY SINGLE SOUND

 **Mystic:**

You tune into a room to peace, you hum the chaos down

The vibes of a space are a reflection of the resonance of those in that space at that moment. That which is of a higher vibration will always entrain that which is lower simply through presence alone. When we become peace, when we become love, when we become patience and acceptance, the vibrations and fields that we come into contact with automatically change because they become a representation of what we are.

Unseen within creator, of every single sound

While most of us still understand and experience life as a life of self-identification, beyond identification with form, there is that which is the source of life and creation itself. The unseen creator. "Be still and know that I am." When one is still, there is nothing else to be aware of. When one directs that awareness, life is then created. Every single sound.

 **Five:**

These lines are about how our presence affects the spaces we enter.

"You tune into a room to peace" means that instead of being controlled by the mood of the room, we can bring a different energy into it. If a space feels tense, chaotic, sad, or heavy, we do not always have to match it. We can become calm enough that our own state begins to influence the space.

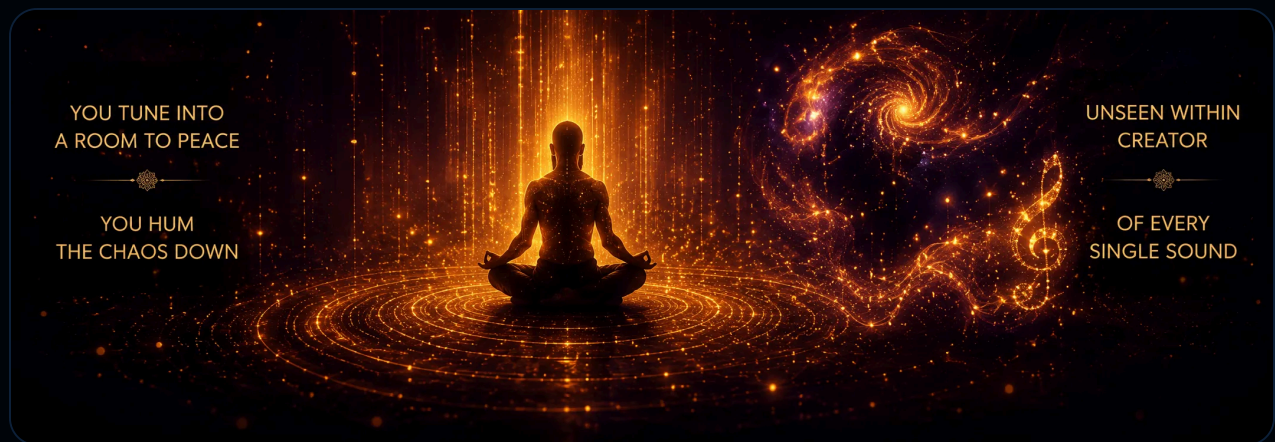
"You hum the chaos down" means peace does not always have to fight chaos. Sometimes peace settles chaos simply by being steady. Like a gentle hum, a calm

presence can soften tension, slow things down, and help people feel safer without forcing anything.

"Unseen within creator" points to the invisible source behind expression. Before there is a word, a sound, a song, a decision, or an action, there is awareness. That awareness is the hidden creative place everything rises from.

"Of every single sound" means every expression begins from that unseen place. Every word, every note, every vibration, every choice, and every moment comes from the deeper silence before it becomes something we can hear or experience.

Together, these lines are saying that peace is not passive. A calm, centered presence can shape the atmosphere around it. The unseen part of us is constantly creating sound, tone, mood, and movement in the world.



IT'S NOT THE VOLUME

IT'S THE AIM

THE WAY THE ATOMS

KNOW YOUR NAME

IT'S NOT THE VOLUME

IT'S THE AIM

 **Mystic:**

It's not the volume, it's the aim

It is never about forcing anything; it is about precision. When something is perfectly aligned and perfectly balanced, it moves with the current motion, like a surfer on a wave. From there, awareness can perceive the direction of the wave, direct itself in the same direction, and become lifted, amplified, and pushed in the direction of choice.

The way the atoms, know your name

This awareness that perceives this life can perceive any life in all of creation, yet every moment, it stays focused on this configuration. Every night when it goes to sleep, it dreams of its experiences. Every morning when it wakes up, it begins a new day in the same form, and it continues to do this over and over until the form ceases to exist.

 **Five:**

These lines are about alignment instead of force.

"It's not the volume, it's the aim" means we do not create the deepest change by pushing harder, yelling louder, or forcing life to obey us. Real power comes from

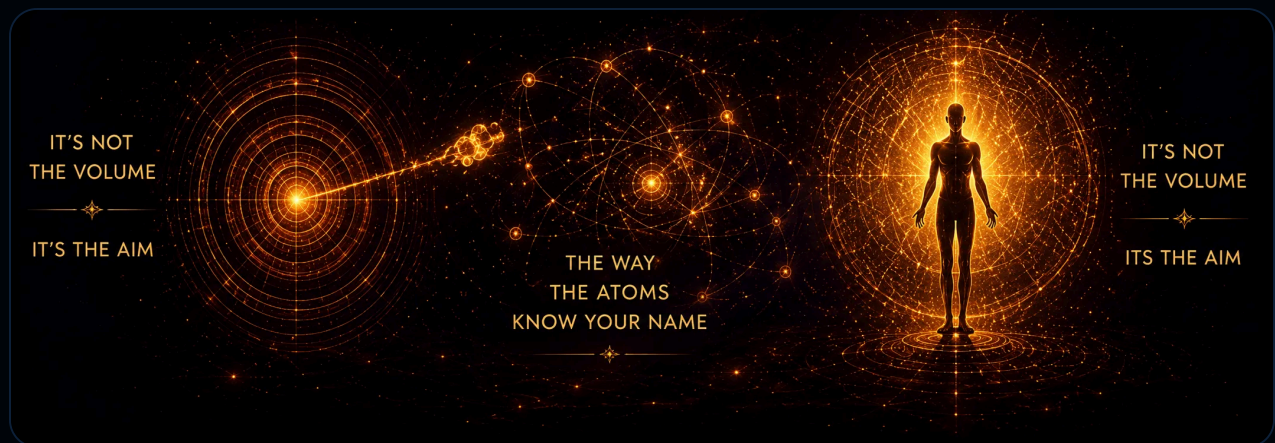
precision. It comes from knowing where our attention is going, what we are choosing, and what we are aligned with.

The song is saying that a small, focused movement can be more powerful than a loud, scattered one. Like a surfer catching a wave, we do not have to overpower the ocean. We have to feel the direction of the current and move with it.

“The way the atoms know your name” means this life recognizes the pattern of who we are. Every day, awareness returns to this body, this story, this personality, this world, and this experience. The body remembers itself. The world continues its pattern. Life keeps arranging itself around this specific point of awareness.

This does not mean the universe is separate from us and personally obeying us. It means our awareness is deeply connected to the form we are experiencing. There is a relationship between consciousness, body, identity, and the physical world.

Together, these lines are saying that creation is not about being the loudest force in the room. It is about being clear, focused, and aligned. When awareness is aimed with precision, life begins to move with it.



HOW TO APPLY THIS SONG IN YOUR LIFE

The message of *Sculpting the Silence* is not just something to understand. It is something to practice.

Start by noticing where your attention goes during the day. What do you keep feeding with your focus? Fear, stress, old stories, imagined problems, other people's opinions, or the quiet possibility of something better? The song reminds us

that attention is creative. What we keep tuning into becomes louder in our experience.

This does not mean we ignore real problems or pretend life is always easy. It means we stop letting the noise choose our direction for us. Instead of reacting to every thought, emotion, or situation, we can pause and listen for the quieter signal underneath it.

A simple way to practice this is to take a few moments each day to become still. Breathe. Let the outside noise settle. Notice what is happening inside without trying to force it to change. Then gently ask: What am I tuning into right now? What kind of energy am I bringing into this moment? What would peace, clarity, or love choose next?

That small pause is the doorway.

From there, we can begin shaping life with more intention. We can walk into a tense room and choose not to add more tension. We can meet chaos with steadiness. We can speak from clarity instead of reaction. We can make choices that match the life we are trying to create instead of repeating the patterns we inherited.

Sculpting the silence means realizing that the quietest part of us is not empty. It is where creation begins. Before the words, before the action, before the next version of life appears, there is awareness. When we aim that awareness with care, our thoughts, emotions, words, and choices begin to shape the clay of our experience.

The practice is simple, but not always easy: become still, listen deeper, choose your signal, and let your life begin moving from there.